



strive
occupational rehabilitation

Overview of

Services



Strive Occupational Rehabilitation

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Other Offices:

Brisbane • Gold Coast
• Cairns • Townsville • Toowoomba

Also Servicing:

Northern NSW • Sunshine Coast • Bundaberg
• Hervey Bay • Rockhampton • Mackay • Gladstone

ABOUT US AT
Strive



Do you want to work with an organisation who values people?

If you want to work with occupational rehabilitation specialists who make people their number one priority then you've come to the right place.

Get in touch today for obligation-free advice about how our team of specialists can help you.

Experience

Since September 2004, Strive has been delivering best practice programs to successfully rehabilitate injured workers, build teams and strengthen businesses across Queensland. Based in Milton, Strive's principal consultants each have more than 20 years' experience. Strive has a strong company culture and recruit like-minded people who enjoy working in the industry and developing effective return to work programs.

Outcomes

At Strive, our philosophy is to maximise the health and well-being of individuals, groups and organisations. We successfully achieve outcomes by setting realistic goals for return to work through consultation with all key stakeholders. We take into account the injury together with the workplace dynamic to develop a timely, realistic and appropriate return to work plan.

Integrity

Integrity is a core value at Strive and when we say we are going to do something, it gets done. With a commitment to transparency and open communication, our team ensures liaison with all key stakeholders to deliver timely and quality information that helps develop realistic and appropriate return to work goals.

"Awesome work! Thanks! You guys are SO quick! One of these days I won't be surprised if you have the assessment booked in BEFORE I send the referral!!"

Case Manager Commonwealth Agency with over 20,000 Employees

Why Employers Choose To Work With

Strive



Fast Rehabilitation

Strive is renowned for our flexibility and fast response time. You will hear from Strive within 24 hours of referral and we will be on-site within 72 hours.



Increase Productivity

Strive understands each organisation and individual is different. Whether it is through professional coaching, education, training or employee support we can help maximise your business productivity.



Decrease Liability

Strive can help reduce claims and premium costs at your workplace. Avoid the pile up of compensation cases and speak to Strive about an early intervention program.



Injury Prevention

Strive has a large focus on injury prevention through early intervention. Let Strive help your organisation by getting in early. Contact us to find out more.



Prevention and Training

Do you want to minimise the risk of injury at your workplace?

Strive can help minimise the risk of injury at your workplace. Let Strive take care of your return to work (RTW) and injury management needs. Please contact us for more information.

Strive offers comprehensive preventative and training for your organisation to help minimise the risks for employees and maximise your workplace productivity. Strive's prevention and training services include but are not limited to:

- Risk Assessment and Safety Audits
- Development of a Job Dictionary
- Work Task Analysis
- Ergonomic Assessments

Strive's training programs are tailored to your organisation's needs!

At Strive, we have a number of ways which we can work with your organisation to best meet your training needs. We are happy to speak with you about existing programs we have available and how these may best suit your organisation; OR we are happy to work with you from scratch to build the perfect training program tailored to your organisation!

Strive's training programs include but are not limited to the following:

- Advance Rehabilitation Coordinator Training Hexaflex
- Conflict or Run
- Drugs and Alcohol
- How to Have Difficult Conversations
- Managing Change and Transition in Modern Organisations
- Managing Aggressive Customers
- Mental Health Awareness
- Mindful Leadership Training
- Sit Stand Workstations
- Stress Management and Resilience
- Support and Debrief Training – for Leaders and Employees
- Work Life Balance
- Acceptance and Commitment Therapy (ACT)
- Conflict Coaching Workshop
- Difficult People, Difficult Times
- Ergonomic Training
- How to Manage a Graduated Return to Work
- Managing 4 Results
- Manual Handling Training
- Mindfulness Training
- Modern Leadership: How to Influence Others using SCARF and ACT Matrix

"Very informative session with practical tools to use in the workplace. Small group role plays were very useful. Engaging, useful and well facilitated. I feel the training was very relevant to my role and would be useful to our Team Leaders."

Feedback on Strive Training



Strive



Occupational Rehabilitation

Do you want to reduce claims costs, maximise productivity and job satisfaction at your workplace?

At Strive, we recognize that everybody's situation is different – so the occupational rehabilitation services that will benefit you the most depend on your unique circumstances.

Strive's occupational rehabilitation services include the following:

- Initial Rehabilitation Needs Assessment (IRNA)
- Case Management
- Worksite Assessment
- Functional Capacity Evaluation (FCE)
- Home Assessment
- Activity of Daily Living (ADL) Assessment
- Pre-Employment Medicals
- Ergonomic Assessments
- Adjustment to Injury Counselling
- Pain Management Counselling
- Vocational Assessment
- Vocational Counselling which may include:
 - Transferrable skill identification
 - Utilising a job search diary
 - Accessing job market/networking
 - Resume development
 - Developing a LinkedIn and other job network profile
 - Writing cover letters, expression of interest letters and responding to applications
 - Interview and presentation skills including injury disclosure
 - Cold canvassing
 - Confidence and self-esteem training
- Employee Assistance Fund (EAF) Assessment
- Employee Support, Wellbeing and Resilience Programs for organisations

Strive's case management and assessment approach is tailored for each organisation's and individual's needs. We understand each individual's experience is unique and we want to find the most appropriate way to work with you.

"I have worked in a number of systems, Commonwealth and State and with Self Insurance, Strive consistently delivers extraordinary results for me, they are head and shoulders above every other provider (national and local) in QLD across the board."

Compensation Manager Transfield Services



Organisational Development

Do you want to maximise productivity and job satisfaction?

Consultants at Strive have a broad understanding of the issues facing employers within the area of Human Resource Management.

At Strive, we have a number of ways which we can work with your organisation to assist to overcome any organisational issues you may be facing, including organisational change, coaching around providing performance feedback and conflict. We are happy to speak with you about our existing services or tailor a program to best suit your organisations needs.

Strive's organisational services include but are not limited to the following:

- Human Resource Management Advice on Policies and Practices including:
 - o Human resource/occupational health and safety manual development
 - o Recruitment assistance
 - o Performance appraisal systems
 - o Management/leadership development programs
 - o Organisational development audits
 - o Business planning facilitation
 - o Change planning and advice
 - o Transition management
- Workplace Mediation
- Facilitated Discussion for Conflict Resolution
- Conflict Management Coaching
- Team Development and Team Building Programs
- Performance Management Coaching
- Management Coaching – Executive, Middle Management and Team Leader Levels
- Early Intervention Programs

Another point of difference about Strive is that we have a dedicated Conflict Management Team which consists of Accredited Mediators and professionally trained Conflict Management Coaches. Strive's Conflict Management Team consists of Principal and Senior Consultants all who manage a case load so we have real understanding of what is happening on the ground in organisations.

"I am pleased to say there has been a dramatic change in my working relationship with my supervisor. I could not have asked for a better outcome than has occurred. My supervisor expressed the same feelings with me last week and stated that the mediation was extremely valuable and worthwhile. We both gained a lot from the session and feel very confident of a positive working relationship in the future. Thank you immensely for your contribution."

Queensland State Government Employee Post Mediation in 2017

WHAT WE
Strive
FOR

A word cloud centered around the word "Strive". The word "Strive" is the largest and most prominent, written in a dark brown, serif font. Surrounding it are various other words in different colors and sizes, including "development" (blue), "Occupational" (yellow), "Rehabilitation" (teal), "wellbeing" (teal), "health" (blue), "work" (dark brown), "productivity" (yellow), "integrity" (teal), "services" (teal), "employees" (teal), "injury" (blue), "engaged" (blue), "prevention" (blue), "organisational" (blue), "respect" (teal), "thriving" (teal), "quality" (yellow), and "training" (blue). The word cloud is set against a background of a light yellow circle with a dotted border.

Contact Us Today

Call us today for an obligation free quote to see what we can do for your organisation

If you want to work with rehabilitation experts that make people their number one priority then you've come to the right place.



LOOK
FORWARD TO
SEEING YOU AT

Strive

Strive Occupational Rehabilitation Pty. Ltd.
ABN 74 110 180 240

Locations:

- Level 2, 18 Finchley Street, Milton QLD 4064
- Level 15, 2 Corporate Court, Bundall QLD 4217
- Level 1, 25 Sturt Street, Townsville QLD 4810
- Ground Floor, 14 Spence Street, Cairns QLD 4870
- 55-57 Kitchener Street, South Toowoomba QLD 4350


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Engaged People Thriving at Work

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